

Isaiah 26:3

You keep him in  
perfect peace whose  
mind is stayed on  
you, because he trusts  
in you.

Jeremiah 29:11

**For I know the plans I  
have for you, declares  
the LORD, plans for  
welfare and not for  
evil, to give you a  
future and a hope.**

Matthew 11:28

**Come to me, all who  
labor and are heavy  
laden, and I will give  
you rest.**

1 Peter 5:7

...casting all your  
anxieties on him,  
BECAUSE HE CARES  
FOR YOU.

Psalm 23:4

Even though I walk through the  
valley of the shadow of death,  
I will fear no evil,  
*for you are with me;*  
your rod and your staff, they  
comfort me.

Psalm 18:2

**THE LORD IS MY ROCK**  
and my fortress and my deliverer,  
my God, my rock, in whom I take  
refuge, my shield, and the horn of my  
salvation,  
**MY STRONGHOLD.**

Zephaniah 3:17

The LORD your God is in your midst,  
a mighty one who will save;  
he will rejoice over you with gladness;  
he will quiet you by his love;  
he will exult over you with loud singing.

Jeremiah 31:3

the LORD appeared to him  
from far away.  
I have loved you with an  
everlasting love;  
therefore I have  
continued my faithfulness

Psalms 27:13-14

**I believe that I shall look upon the  
goodness of the LORD in the land of the  
living!  
Wait for the LORD;  
BE STRONG, AND LET YOUR  
HEART TAKE COURAGE;**

John 16:33

*I have said these things to you, that in  
me you may have peace.  
In the world you will have tribulation.*

**BUT TAKE HEART;  
I HAVE OVERCOME THE WORLD.**

John 3:16-17

**FOR GOD SO LOVED THE WORLD, THAT HE GAVE  
HIS ONLY SON, THAT WHOEVER BELIEVES IN HIM  
SHOULD NOT PERISH BUT HAVE ETERNAL LIFE.  
FOR GOD DID NOT SEND HIS SON  
INTO THE WORLD TO CONDEMN  
THE WORLD, BUT IN ORDER  
THAT THE WORLD MIGHT BE  
SAVED THROUGH HIM.**

Isaiah 43:1b

**...fear not, for I have  
redeemed you:  
I have called you by  
name, you are mine.**

Joshua 1:9

**Have I not commanded you? Be  
strong and courageous. Do not  
be frightened, and do not be  
dismayed,**

**FOR THE LORD YOUR GOD IS  
WITH YOU WHEREVER YOU**

2 Timothy 1:7

for God gave us a spirit  
not of fear but of power  
and love and self-control.

Psalms 34:4

I sought the LORD,  
**and he answered me**  
and delivered me from all my fears.

Proverbs 3:5-6

**TRUST IN THE LORD WITH ALL YOUR  
HEART  
AND LEAN NOT ON YOUR OWN  
UNDERSTANDING;**

in all your ways submit to him,  
and he will make your paths straight.

Philippians 4:19

**AND MY GOD WILL SUPPLY  
EVERY NEED OF  
YOURS ACCORDING TO HIS  
RICHES IN GLORY IN CHRIST  
JESUS.**

Romans 8:28

<sup>28</sup> AND WE KNOW THAT FOR  
THOSE WHO LOVE GOD ALL  
THINGS WORK TOGETHER FOR  
GOOD, FOR THOSE WHO ARE  
CALLED ACCORDING TO HIS  
PURPOSE.